

Program Guidelines

This is not a fundraiser. This is a service to the community.

Each month the menu is different from the previous month and consists of both fresh and frozen items, including meats, fruit, vegetables, and desserts. Each regular unit of food costs \$30 with a retail value of approximately \$60. Senior Units cost \$28.

One unit of food assists in feeding a family of four for about one week or an individual for about a month.

The food is not outdated or damaged goods. It is fresh quality products provided by the same distributors that supply the local grocery stores.

There is NO LIMIT on the number of units you may purchase, however, you must purchase a regular or senior unit to purchase a special.

No applications or low income qualifications, everyone is accepted. Anyone who eats qualifies for this ministry.

Any Questions? Please call Jodi Rothrock @ 571-5373 or visit our website www.middletowncog.org

CASH, MONEY ORDER AND FOOD STAMPS ACCEPTED FOR PAYMENT

NO PERSONAL CHECKS ACCEPTED

ID REQUIRED FOR FOOD STAMP PURCHASES

MAKE MONEY ORDERS OUT TO FIRST CHURCH OF GOD AFM

Payment is due at order placement

****Please bring your receipt and a box for food distribution****

****Food Distribution Day****
Saturday Jan.17, 2009
Pick Up time: 9-11 a.m.

NO REFUNDS OR CREDITS ISSUED. IF YOUR ORDER IS NOT PICKED UP BY 11:00 A.M. ON DISTRIBUTION DAY, IT WILL BE DONATED TO CHARITY

January 2009

Angel Food Ministries



Blessings by the Box

Middletown First Church of God
245 West High Street
Middletown, PA 17057

January Regular Unit:

Each item listed is included in the unit for \$30. NO LIMIT

1.5 lb Ribeye Steaks (4x6oz), 4 lb leg quarters, 1.5 lb Beef Patties (4x6oz), 18 oz Cheese Filled Manicotti, 2 lb Pork Rib Strips, 1 lb Chicken Breast Fajita Strips, 1 lb Ground Turkey, 1 lb Broccoli, 1 lb Peas, 6 ct Oatmeal Variety Box, 12 ct White Corn Tortillas, 1 lb Pinto Beans, 7 oz. Chicken flavored Rice & Vermicelli, 8 oz Blueberry Muffin Mix, Dozen Eggs, Dessert Item, 32 oz. 2% Shelf Stable Milk.

January Senior Unit:

10 individual fully cooked meals low in sodium & fat for \$28. NO LIMIT

New Orleans Style Chicken over rice with okra & tomatoes and diced sweet potatoes.
Grilled Chicken Strips & Penne Pasta with creamy tomato basil sauce, Capri blend vegetables and green beans w/ onions and red peppers.
Beef & Bowtie Pasta with herbed tomato sauce, Capri blend vegetables and corn.
Flamed-broiled Salisbury Steak with brown gravy, sour cream & chive potatoes and mixed vegetables.
Cheesy Chicken & Broccoli Casserole with rice, green beans and squash medley.
Classic Chicken Tetrizzini with diced carrots and green peas.
Country Fried Steak with cream gravy, red skinned whipped potatoes, and mixed vegetables.
Spaghetti with Meatballs with green beans and cinnamon applesauce.
Chicken Parmesan with whipped potatoes and Capri blend vegetables.
Flame-Broiled Beef Patty with onion gravy, sour cream & chive potatoes and Capri blend vegetables.
10 Desserts also included with Senior Unit.

January Specials:

No limit on the number of Specials with the purchase of a regular or senior unit

Special #1: Combo Box-\$22

1.5 lb Bone -In NY Strip Steak(2 x 12 oz)
1 lb. Sirloin Strips (2 x 8 oz)
1.5 lb Boneless Pork Chops-Thick cut (4 x 6 oz)
2 lb Hamburger Steak (4 x 8 oz)

Special #2: Bacon Wrapped Meat Combo-\$21

1.5 lb Bacon- wrapped Beef Filet (4 x 6 oz)
1.5 lb Bacon -wrapped Chicken Filet (4 x 6 oz.)
1.5 lb Bacon-wrapped Pork Filet (4 x 6 oz)

Special #3:T-Bone Steaks(5x12 oz)-\$21

Special #4: Chicken Combo Box-\$20

4.5 lb Whole Perdue Chicken -(avg.)
2 lb Wings
2 lb Chicken Nuggets
2 lb Breaded Chicken Tenders

Special #5: Fruit and Veggie Box- \$21

4 lb New Crop Idaho Baking Potatoes
3 lb New Crop NC Sweet Potatoes
2 lb Western Grown Medium Yellow Onions
4 lb Tree Ripened Navel Oranges
½ lb New Crop Georgia Pecan Halves
2 ea. Tree Ripened Florida Red Grapefruit
1 head New Crop Florida Green Cabbage
1 lb Western Grown Carrots
4 ea Tree Ripened Florida Tangerines
4 ea Washington State Bosc Pears

Name

Telephone Number

E-Mail Address

Pick Up Person Name

Regular Unit _____ X \$30 = _____

Senior Unit _____ X \$28 = _____

Special #1 _____ X \$22 = _____

Special #2 _____ X \$21 = _____

Special #3 _____ X \$21 = _____

Special #4 _____ X \$20 = _____

Special # 5 _____ X \$21= _____

TOTAL \$ _____

**** ORDERS CAN BE PLACED IN PERSON ON WEDNESDAY, JANUARY 7TH AT THE CHURCH FELLOWSHIP HALL FROM 5:30-7:00 PM AND ALSO ON SUNDAY, JANUARY 11TH FROM 9:00-10:30 AM IN THE CHURCH NARTHEX. ORDERS CAN ALSO BE PLACED ON DISTRIBUTION DAY FOR THE FOLLOWING MONTHS MENU****